

Osteoporosis Symposium

Pricing:

'Early Bird' Pricing Ends August 1, 2025

MetroHealth Employee.....	\$75.00
Advanced Practice Provider (PA or NP).....	\$75.00
Retirees.....	\$25.00
Fellow / Residents / Students.....	FREE
Non-MetroHealth Attendee.....	\$125.00

Accreditation/Designation Statement:

The MetroHealth System is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

The MetroHealth System designates this educational activity for a maximum of 6.00 AMA PRA Category 1 Credit(s)[™] Physicians should only claim credit commensurate with the extent of their participation in the activity.



Friday, August 22, 2025

8:00 a.m. – 2:45 p.m.

2500 MetroHealth Drive Cleveland, OH 44109

Main Campus

Alfred F. Connors, Jr., MD Learning Center - R170

connect@metrohealthcle



MyChart
metrohealth.org/mychart

Course Description:

This full day conference targets primary care providers as well as specialists who provide osteoporosis screening and management. Short sessions from multiple disciplines (pharmacy, orthopedics, physical therapy) will improve attendees knowledge to improve screening of this underdiagnosed condition. We will provide updates on how to interpret follow up DEXA scans in determining if treatment has been successful, how to manage patients during bisphosphonate drug holiday as well as how to monitor patients with chronic renal disease safely if considering use of medications including denosumab.

Learning Objectives:

1. Apply knowledge of patient selection in treatment of osteoporosis in the primary care field.
2. Identify important monitoring aspects in different treatments used in osteoporosis.
3. Assess and adapt aspects of bone health including vitamin D status, risk factors & presence of metabolic bone disease prior to elective bone surgery.

Agenda:

7:30 a.m. Registration and Breakfast

8:00 a.m. Opening Remarks

8:05 a.m. "Renal Metabolic Bone Disease for the Non-Nephrologist; Why is it Important when Thinking about Osteoporosis?"

Georges Saab, MD
The MetroHealth Medical Center

8:35 a.m. "Choosing Medications for Osteoporosis: Where Do I Start?"

Sapna Shah, MD
The MetroHealth Medical Center

8:55 a.m. "New Agents in Osteoporosis (and what's on the horizon)"

Cheung Yue, MD
The MetroHealth Medical Center

9:35 a.m. "Medication Interactions with Osteoporosis Medications"

Jessica McCartney, PharmD
The MetroHealth Medical Center

9:55 a.m. Question Panel

10:05 a.m. Break / Vendor Visit

10:30 a.m. "Outcomes in Spinal Surgery with Bone Disease: Think about the Bones Before It's a Problem"

Jonathon Belding, MD
The MetroHealth Medical Center

11:00 a.m. "Kyphoplasty and Acute Pain Treatment in Acute Vert Fracture"

Maria Grabnar, MD
The MetroHealth Medical Center

11:30 a.m. "Screening for Low Bone Mass & Osteoporosis: More than Just Post-Menopausal Women"

Constance Park, APRN-CNP
The MetroHealth Medical Center

12:00 p.m. Question Panel

12:10 p.m. Lunch / Vendor Visit

1:15 p.m. "Vitamin D in Bone Health: Treat to Target"

Shahdi Malakooti, MD
The MetroHealth Medical Center

1:45 p.m. "New Use for an Old Drug? Treating Low-Fracture Risk Patients Early On"

Bismah Basharat, MD
The MetroHealth Medical Center

2:05 p.m. "Interpreting Results in Osteoporosis Care. What do you call Success?"

Maria Antonelli, MD
The MetroHealth Medical Center

2:30 p.m. Question Panel

2:45 p.m. Closing Remarks